

# Gobles Public Schools

## October 10 - 14

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Home Style</b> Cooking Like you would get from Mom. <b>\$2.25</b>	Boneless Chicken Wings w/Dinner Roll  Hot Vegetable : Country Corn Hashbrowns  Choice of Sauces: Hot, Honey Mustard, and BBQ	Baked Macaroni and Cheese w/Dinner Roll  Hot Vegetable: Seasoned Lima Beans  Chilled Green Pepper Slices	Chicken Teriyaki over Rice w/Dinner Roll  Hot Vegetable: Broccoli	Beef and Cheese Nacho w/ Brown Rice  Hot Vegetable: Refried Beans  Chilled Onions, Jalapenos, and Green Peppers	Chicken Breast Sandwich  Hot Vegetable: Sweet Potato  Garden Salad
<b>Gobles Pizzeria</b> Cheese Pizza Every Day!! <b>\$2.50</b>	Pepperoni Pizza	Ham Pizza	Pepperoni Pizza	Meatlover Pizza	Pepperoni Pizza
<b>Tiger Grill</b> <b>\$2.25</b> Cheeseburger and Chicken Patty on a Bun Available Everyday	Grilled Chicken on a Bun	BBQ Chicken on a Bun	Hot and Spicy Tenders w/Dinner Roll	Corn Dog on a Stick	Hot & Spicy Chicken Sandwich
<b>Fresh Deli</b>  Pick one of our specialty subs from the deli menu and top it with your choice of veggies and dressing.  <b>Subs, Salads, and Parfaits \$2.75</b>	Specialty Meat of the Week: <b>BBQ Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>BBQ Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>BBQ Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>BBQ Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>BBQ Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>
<b>Side Bar Choices</b>	Carrot Sticks  Fresh Grapes  Fresh Broccoli  Fresh Michigan Apples  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Red Pepper Slices  Watermelon  Cucumber Slices  Fresh Orange Slices  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)	Cherry Tomatoes  Fresh Michigan Apple  Mandarin Oranges  Carrot Sticks  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Fresh Broccoli  Fresh Banana  Fresh Orange Slices  Carrot Sticks  Fresh Pico De Gallo  100% Fruit Juice (HS Only)	Cucumber Slices  Cherry Tomatoes  Pineapple  Fresh Michigan Apple  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)

**Romaine/Spinach Salad available everyday on Side Bar**

All Meals include Daily Hot Vegetable, choices from the Side Bar, and choice of Milk.

All Lunches Available for Free and Reduced Students

Menu may change

Please contact Eric Meloche, 269-628-5614 ext 2147 with Questions

**USDA is an equal opportunity provider and employer**

# Gobles Public Schools

## October 17 - 21

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Home Style</b> Cooking Like you would get from Mom.  <b>\$2.25</b>	Meatball Sub w/Cheese  Hot Vegetable: Green Beans	Spaghetti w/Meat Sauce w/ Garlic Bread  Hot Vegetable: Italian Roasted Carrots	Beef & Gravy w/ Bread Bowl  Hot Vegetable: Country Corn Mashed Potatoes	Chicken and Cheese Burrito (Make Your Own)  Hot Vegetable: Refried Beans  Onions, Jalapenos, and Diced Tomatoes	Pizza Crunchers  Hot Vegetable: Garden Peas  Celery Sticks
<b>Gobles Pizzeria</b> Cheese Pizza Every Day!! <b>\$2.50</b>	Pepperoni Pizza	Ham Pizza	Pepperoni Pizza	Meatlover Pizza	Pepperoni Pizza
<b>Tiger Grill</b> <b>\$2.25</b> Cheeseburger and Chicken Patty on a Bun Available Everyday	Grilled Chicken on a Bun	Buffalo Chicken Sandwich	Cheese Quesadilla	Chicken Nugget w/Dinner Roll	Hot & Spicy Chicken Sandwich
<b>Fresh Deli</b>  Pick one of our specialty subs from the deli menu and top it with your choice of veggies and dressing.  <b>Subs, Salads, and Parfaits \$2.75</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>
<b>Side Bar Choices</b>	Carrot Sticks  Fresh Grapes  Fresh Broccoli  Fresh Michigan Apples  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Red Pepper Slices  Watermelon  Cucumber Slices  Fresh Orange Slices  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)	Cherry Tomatoes  Fresh Michigan Apple  Mandarin Oranges  Carrot Sticks  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Fresh Broccoli  Fresh Banana  Fresh Orange Slices  Carrot Sticks  Fresh Pico De Gallo  100% Fruit Juice (HS Only)	Cucumber Slices  Cherry Tomatoes  Pineapple  Fresh Michigan Apple  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)

### Romaine/Spinach Salad available everyday on Side Bar

All Meals include Daily Hot Vegetable, choices from the Side Bar, and choice of Milk.

All Lunches Available for Free and Reduced Students

Menu may change

Please contact Eric Meloche, 269-628-5614 ext 2147 with Questions

**USDA is an equal opportunity provider and employer**

# Gobles Public Schools

## October 24 - 28

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Home Style</b> Cooking Like you would get from Mom. <b>\$2.25</b>	Chicken and Cheese Quesadilla  Hot Vegetable: Seasoned Black Eyed Peas	Beef and Bean Chili w/ Bread Bowl  Hot Vegetable: Country Broccoli  Chilled Onions and Jalapenos	Pancakes and Sausages  Hot Vegetable: Hashbrown Stars	Doritos Walking Tacos w/Brown Rice  Hot Vegetables: Black Beans  Chilled Onions, Jalapenos, and Green Peppers	Bosco Sticks w/Sauce  Hot Vegetable: Country Corn  Garden Salad
<b>Gobles Pizzeria</b> Cheese Pizza Every Day!! <b>\$2.50</b>	Pepperoni Pizza	Ham Pizza	Pepperoni Pizza	Meatlover Pizza	Pepperoni Pizza
<b>Tiger Grill</b> <b>\$2.25</b> Cheeseburger and Chicken Patty on a Bun Available Everyday	Grilled Chicken on a Bun	BBQ Chicken on a Bun	Hot and Spicy Tenders w/Dinner Roll	Corn Dog on a Stick	Hot & Spicy Chicken Sandwich
<b>Fresh Deli</b>  Pick one of our specialty subs from the deli menu and top it with your choice of veggies and dressing.  <b>Subs, Salads, and Parfaits \$2.75</b>	Specialty Meat of the Week: <b>Ranch Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>Ranch Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>Ranch Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>Ranch Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week: <b>Ranch Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>
<b>Side Bar Choices</b>	Carrot Sticks  Fresh Grapes  Fresh Broccoli  Fresh Michigan Apples  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Red Pepper Slices  Watermelon  Cucumber Slices  Fresh Orange Slices  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)	Cherry Tomatoes  Fresh Michigan Apple  Mandarin Oranges  Carrot Sticks  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Fresh Broccoli  Fresh Banana  Fresh Orange Slices  Carrot Sticks  Fresh Pico De Gallo  100% Fruit Juice (HS Only)	Cucumber Slices  Cherry Tomatoes  Pineapple  Fresh Michigan Apple  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)

### Romaine/Spinach Salad available everyday on Side Bar

All Meals include Daily Hot Vegetable, choices from the Side Bar, and choice of Milk.

All Lunches Available for Free and Reduced Students

Menu may change

Please contact Eric Meloche, 269-628-5614 ext 2147 with Questions

USDA is an equal opportunity provider and employer

# Gobles Public Schools

## October 31 – November 4

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Home Style</b> Cooking Like you would get from Mom. <b>\$2.25</b>	Hot Dog on a Bun  Hot Vegetable: Seasoned Black Eyed Peas  Diced Onions and Tomatoes	Sloppy Joes on a Bun  Hot Vegetable: Country Broccoli	Chicken Tenders w/Gravy and a Dinner Roll  Hot Vegetable: Country Corn Mashed Potatoes	Chicken and Cheese Nacho w/Brown Rice  Hot Vegetable: Refried Beans  Onions, Jalapenos, and Green Peppers	Cheeseburger Bar  Hot Vegetable: Baked Beans  Diced Onions, Tomatoes, Pickle and Lettuce
<b>Gobles Pizzeria</b> Cheese Pizza Every Day!! <b>\$2.50</b>	Pepperoni Pizza	Ham Pizza	Pepperoni Pizza	Meatlover Pizza	Pepperoni Pizza
<b>Tiger Grill</b> <b>\$2.25</b> Cheeseburger and Chicken Patty on a Bun Available Everyday	Grilled Chicken on a Bun	Buffalo Chicken Sandwich	Cheese Quesadilla	Chicken Nugget w/Dinner Roll	Hot & Spicy Chicken Sandwich
<b>Fresh Deli</b>  Pick one of our specialty subs from the deli menu and top it with your choice of veggies and dressing.  <b>Subs, Salads, and Parfaits \$2.75</b>	Specialty Meat of the Week:  <b>BBQ Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>BBQ Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>BBQ Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>BBQ Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>BBQ Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>
<b>Side Bar Choices</b>	Carrot Sticks  Fresh Grapes  Fresh Broccoli  Fresh Michigan Apples  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Red Pepper Slices  Watermelon  Cucumber Slices  Fresh Orange Slices  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)	Cherry Tomatoes  Fresh Michigan Apple  Mandarin Oranges  Carrot Sticks  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Fresh Broccoli  Fresh Banana  Fresh Orange Slices  Carrot Sticks  Fresh Pico De Gallo  100% Fruit Juice (HS Only)	Cucumber Slices  Cherry Tomatoes  Pineapple  Fresh Michigan Apple  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)

### Romaine/Spinach Salad available everyday on Side Bar

All Meals include Daily Hot Vegetable, choices from the Side Bar, and choice of Milk.

All Lunches Available for Free and Reduced Students

Menu may change

Please contact Eric Meloche, 269-628-5614 ext 2147 with Questions

USDA is an equal opportunity provider and employer

# Gobles Public Schools

## November 7 - 11

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Home Style</b> Cooking Like you would get from Mom. <b>\$2.25</b>	Grilled Cheese Sandwich  Hot Vegetable: Country Green Beans	Bosco Sticks w/ Dipping Sauce  Hot Vegetable: Seasoned Lima Beans	Jumbo Cheese Ravioli w/Garlic Bread  Hot Vegetable: Corn	Beef and Cheese Burrito (Make Your Own)  Hot Vegetable: Refried Beans  Onions, Jalapenos, and Diced Tomatoes	BBQ Riblet Sandwich  Hot Vegetable: Country Broccoli  Onions, Jalapenos, and Green Peppers
<b>Gobles Pizzeria</b> Cheese Pizza Every Day!! <b>\$2.50</b>	Pepperoni Pizza	Ham Pizza	Pepperoni Pizza	Meatlover Pizza	Pepperoni Pizza
<b>Tiger Grill</b> <b>\$2.25</b> Cheeseburger and Chicken Patty on a Bun Available Everyday	Grilled Chicken on a Bun	BBQ Chicken on a Bun	Hot and Spicy Tenders w/Dinner Roll	Corn Dog on a Stick	Hot & Spicy Chicken Sandwich
<b>Fresh Deli</b>  Pick one of our specialty subs from the deli menu and top it with your choice of veggies and dressing.  <b>Subs, Salads, and Parfaits \$2.75</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Blueberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>	Specialty Meat of the Week:  <b>Buffalo Diced Chicken</b>  Strawberry Yogurt Parfait  Chef Salad  <b>Bagel, Yogurt, String Cheese (\$2.25)</b>
<b>Side Bar Choices</b>	Carrot Sticks  Fresh Grapes  Fresh Broccoli  Fresh Michigan Apples  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Red Pepper Slices  Watermelon  Cucumber Slices  Fresh Orange Slices  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)	Cherry Tomatoes  Fresh Michigan Apple  Mandarin Oranges  Carrot Sticks  100% Fruit Juice (HS Only)  Vegetable Pasta Salad (HS Only)	Fresh Broccoli  Fresh Banana  Fresh Orange Slices  Carrot Sticks  Fresh Pico De Gallo  100% Fruit Juice (HS Only)	Cucumber Slices  Cherry Tomatoes  Pineapple  Fresh Michigan Apple  100% Fruit Juice (HS Only)  Creamy Rotini Salad (HS Only)

**Romaine/Spinach Salad available everyday on Side Bar**

All Meals include Daily Hot Vegetable, choices from the Side Bar, and choice of Milk.

All Lunches Available for Free and Reduced Students

Menu may change

Please contact Eric Meloche, 269-628-5614 ext 2147 with Questions

USDA is an equal opportunity provider and employer