

**Gobles Public Schools HSMS Breakfast Menu (Offered Daily)**  
**Daily Choices**

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Pizza Or Pop Tart w/Cheez-its	Maple Pancake Wrap Or Betty Crocker Bar w/Assorted Elf Grahams	Bosco Stick w/Bacon, Egg, Cheese Or General Mills Cereal Bar w/Assorted Elf Grahams	Blueberry Pancake Wrap Or Betty Crocker Bar w/Assorted Elf Grahams	Bosco Stick w/Apple Filling Or Pop Tart w/Cheez-its
Fresh Fruit Choices	Fresh Fruit Choices	Fresh Fruit Choices	Fresh Fruit Choices	Fresh Fruit Choices
Milk Choices	Milk Choices	Milk Choices	Milk Choices	Milk Choices

**Always Available**

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Cereal Bowl Cracker Fresh Fruit Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices
Milk Choices	Milk Choices	Milk Choices	Milk Choices	Milk Choices

**All Meals come with an entrée, 1 cup of fruit, and choice of white or chocolate skim milk**

Fruit Choices: Fresh Apple, Oranges, Raisins, and Apple Juice

Cereal Choices: Apple Jacks R/S, Cinn Toast Crunch R/S, Frosted Mini Wheats, Lucky Charms WG, Cheerios HnyNut, Raisin Bran, Trix R/S, Cinnamon Chex GF, Cheerios, and Chocolate Mini Wheats (Choices will vary daily)

Betty Crocker Bar Choices: Chocolate Chip Oatmeal Bar and Double Chocolate Oatmeal Bar

General Mill Bar Choices: Cocoa Puff Bar, Trix Bar, Apple Cinnamon Rice Krispie

Pop Tart Choices: Cinnamon, Strawberry, and Fudge

Assorted Elf Grahams include: Cinnamon, Chocolate, or Honey.

Milk Choices: Chocolate, White. All milk is skim.

Breakfast \$1.25 Student and \$2.50 Adult

Reduced \$.30

Served from 7:40am – 8:00am

All students riding the bus will be allowed to have breakfast, even if the bus is running behind schedule.

**This institution is an equal opportunity provider.**