

Gobles Public Schools HSMS Breakfast Menu (Offered Daily)
Daily Choices

Monday	Tuesday	Wednesday	Thursday	Friday
Mini Cinnamon Buns Or Pop Tart w/Cheez-its Fresh Fruit Choices Milk Choices	Maple Pancake Wrap Or Betty Crocker Bar w/Elf Grahams Fresh Fruit Choices Milk Choices	Chocolate Chip French Toast Or General Mills Cereal Bar w/Cheez-its Fresh Fruit Choices Milk Choices	Breakfast Pizza Or Betty Crocker Bar w/Elf Grahams Fresh Fruit Choices Milk Choices	Sausage and Egg Biscuit Or Pop Tart w/Cheez-its Fresh Fruit Choices Milk Choices

Always Available

Monday	Tuesday	Wednesday	Thursday	Friday
Choice of Cereal Bowl Cracker Fresh Fruit Choices Milk Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices Milk Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices Milk Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices Milk Choices	Choice of Cereal Bowl Cracker Fresh Fruit Choices Milk Choices

Raisins, Fresh Apples, Oranges Available Daily

Cereal Choices: Apple Jacks R/S, Cinn Toast Crunch R/S, Frosted Mini Wheats, Lucky Charms WG, Cheerios HnyNut, Raisin Bran, Trix R/S, Cinnamon Chex GF, Cheerios, and Chocolate Mini Wheats (Choices will vary daily)

Betty Crocker Bar Choices: Chocolate Chip Oatmeal Bar and Double Chocolate Oatmeal Bar

General Mill Bar Choices: Cocoa Puff Bar, Trix Bar, Golden Graham Bar

Pop Tart Choices: Cinnamon, Strawberry, and Fudge

Milk Choices: Chocolate, White. All milk is skim.

Breakfast \$1.25 Student and \$2.50 Adult

Reduced \$.30

Served from 7:40am – 8:00am

All students riding the bus will be allowed to have breakfast, even if the bus is running behind schedule.

USDA is an equal opportunity provider and employer